



Habit Stacking

Practice makes progress, brick by brick.

A mobile habit-building app that helps users construct consistent routines using a modular stack and brick system.

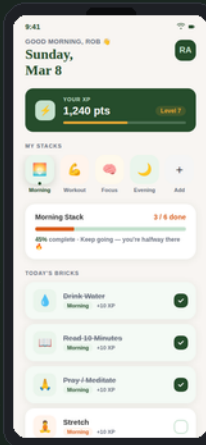
6 Screens

Gamification

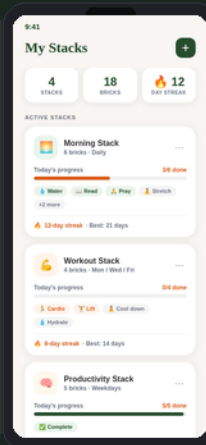
Habit Replacement

Journal

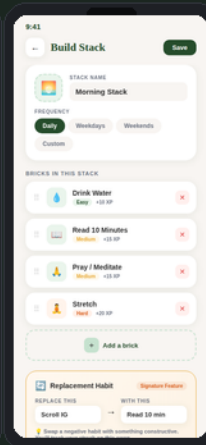
Progress Tracking



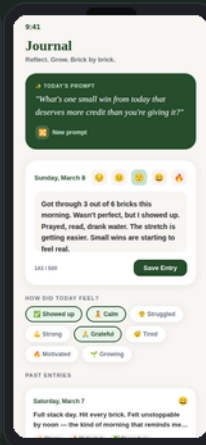
Today



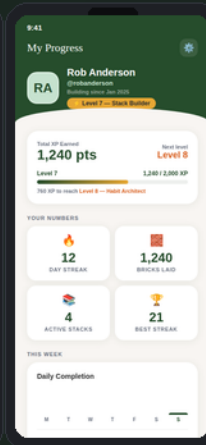
Stacks



Build



Journal



Profile

Designed by

Robert A. Anderson Jr.

Project
Year

UX / UI Designer

Habit Stacking — UX Portfolio · 2025



Habit Stacking

Practice makes progress, brick by brick.

Welcome back 🙌

Sign in to continue building your streaks.

 robanderson



[Forgot password?](#)

Log In

OR CONTINUE WITH

 Google

 Microsoft

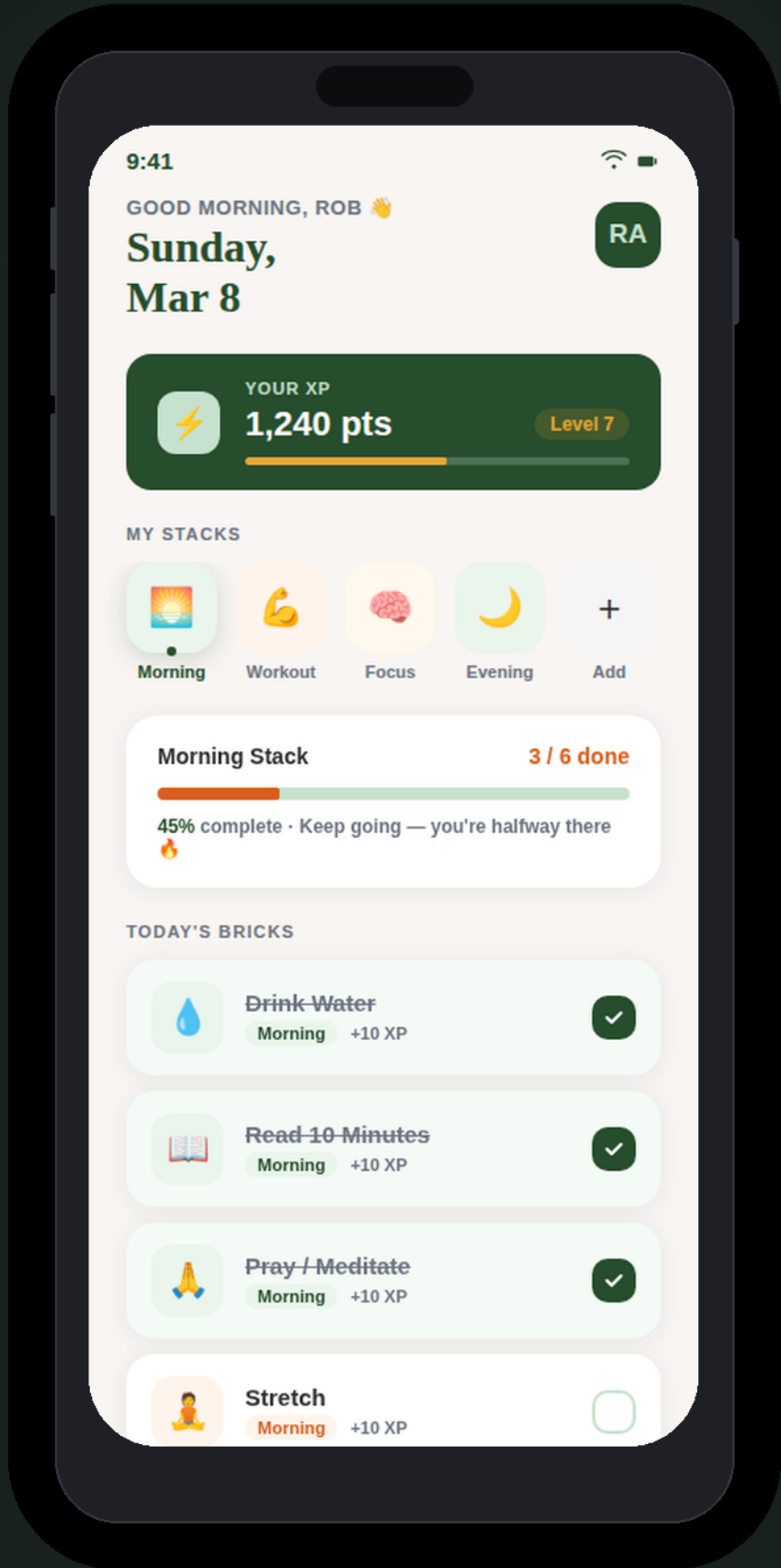
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01

Login



9:41

My Stacks



4

STACKS

18

BRICKS

12

DAY STREAK

ACTIVE STACKS



Morning Stack

6 bricks · Daily



Today's progress

3/6 done



Water Read Pray Stretch

+2 more

12-day streak · Best: 21 days



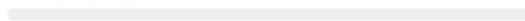
Workout Stack

4 bricks · Mon / Wed / Fri



Today's progress

0/4 done



Cardio Lift Cool down

Hydrate

8-day streak · Best: 14 days



Productivity Stack

5 bricks · Weekdays



Today's progress

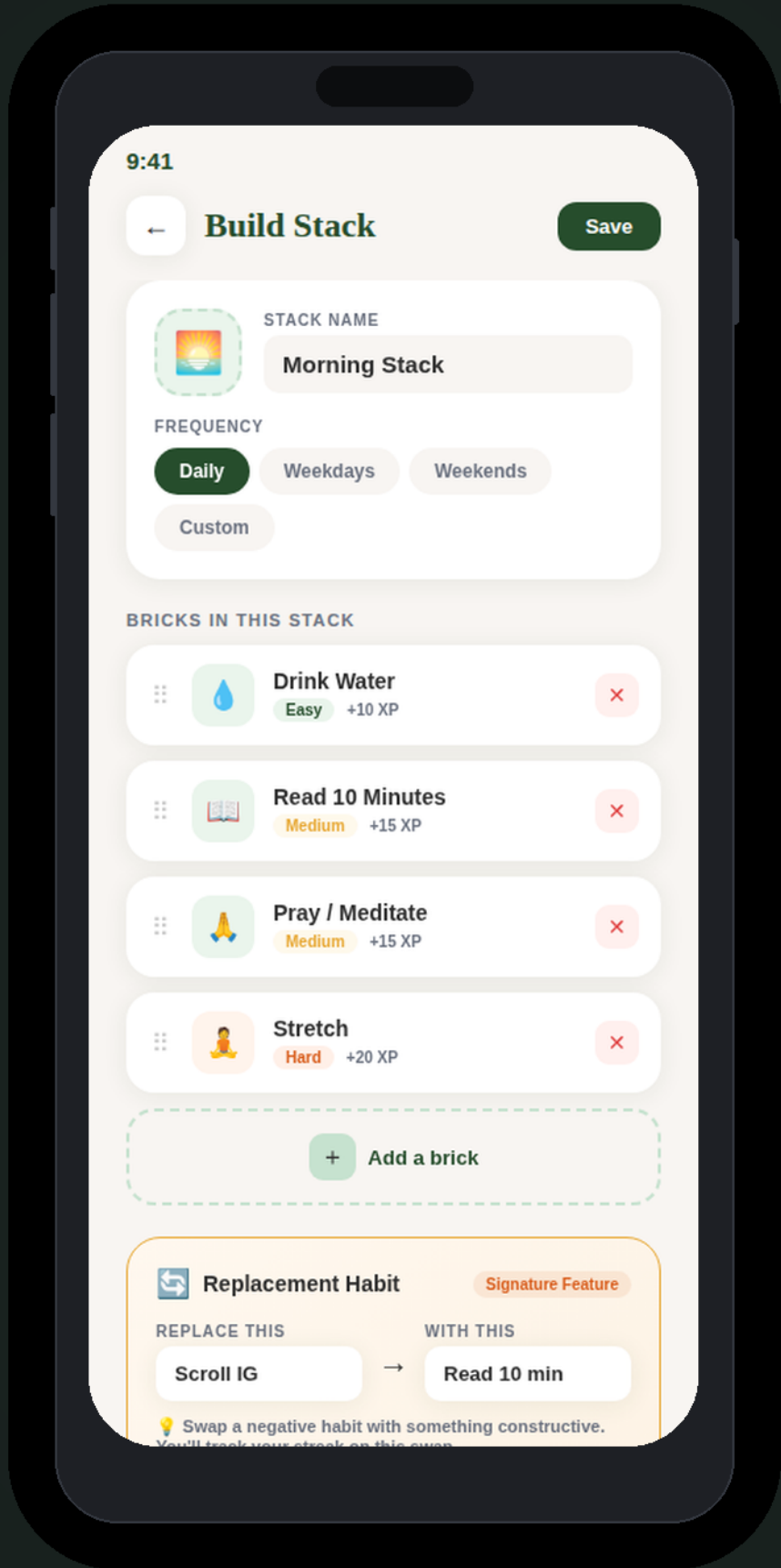
5/5 done



Complete

03

My Stacks



9:41

Journal

Reflect. Grow. Brick by brick.

✦ TODAY'S PROMPT

"What's one small win from today that deserves more credit than you're giving it?"

✕ New prompt

Sunday, March 8



Got through 3 out of 6 bricks this morning. Wasn't perfect, but I showed up. Prayed, read, drank water. The stretch is getting easier. Small wins are starting to feel real.

143 / 500

Save Entry

HOW DID TODAY FEEL?

Showed up

Calm

Struggled

Strong

Grateful

Tired

Motivated

Growing

PAST ENTRIES

Saturday, March 7



Full stack day. Hit every brick. Felt unstoppable by noon — the kind of morning that reminds me...

9:41

My Progress



Rob Anderson

@robanderson

Building since Jan 2025

🔥 Level 7 — Stack Builder

Total XP Earned

1,240 pts

Next level

Level 8

Level 7

1,240 / 2,000 XP

760 XP to reach **Level 8 — Habit Architect**

YOUR NUMBERS



12

DAY STREAK



1,240

BRICKS LAID



4

ACTIVE STACKS



21

BEST STREAK

THIS WEEK

Daily Completion

M T W T F S **S**

06

Profile



Robert A. Anderson Jr.

UX / UI Designer

Let's Connect



Email

robaandersonjr@outlook.com



Phone

(310) 213-6051



LinkedIn

[linkedin.com/in/robert-a-anderson-jr-52925261](https://www.linkedin.com/in/robert-a-anderson-jr-52925261)



Portfolio

robertandersonux.com

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